

Meet The Book Of Days 2020 Team!

Here, you're going to find some information on my guest artists, including images that represent their style of work, and where to find them on line. As you read through this bit of the document, feel free to link hop and bookmark your old favourites or new discoveries! I'm extremely selective about the people I fill my programs with, so expect to find gorgeous, authentic, hardworking, accessible, beautiful humans at the end of every link.



Hi I'm Sarah, and I'm a self-proclaimed weirdo. I am an avid art journal collector (seriously, I have SO MANY JOURNALS), and my one true dream is to fill them all before I die. Since I make a new one almost every month, I'm assuming that means I'll live forever. I am continually obsessed with watercolors, gold leaf, stencils, and shiny rocks.

Find out more about Sarah when her lesson goes live on January 1st!

Find Sarah:
[website](#) | [instagram](#) | [patreon](#)



Hello! I'm Sal Scheibe. I work as a freelance illustrator and graphic designer in an upstairs loft with a crabby cat. We're happy. During the day, I create pretty graphics for creative designers and by night, I paint away in my vast number of on-going art journals, none of them EVER finished. I have a passion for life drawing, comic book making and pretty mixed media portraits.

Find out more about Sal when her lesson goes live on January 1st, or by clicking"

[website](#) | [instagram](#) | [pinterest](#)



My name is Rachel Kentish, and I'm an artist, a creator and a geek. I'm a mom, a lover of the number three, tarot, crystals, hares, the moon and a collector of feathers. Right now, I'm leaping into the world of online art teaching.

I use art as a meditative, mindful practice in my everyday life. Mindful watercolours is something I do most days, alongside written journaling.

Find out more about Rachel when her lesson goes live on January 1st!

[website](#) | [facebook](#) | [etsy](#)





Kiala Givehand is a published poet, print-maker, bookbinder, fountain pen collector, and radical nomad.

She believes in surrounding herself with ordinary humans who live extraordinary lives, gathering with people who make her laugh & love uncontrollably, and living a life intent on cultivating happiness

Find out more about Kiala when her lesson goes live on February 1st, or by clicking:

[website](#) | [facebook](#) | [instagram](#)



Jani is a multidisciplinary artist working in visual art, land and site-specific installations, performance, dance, photography, music and poetry. Their journaling practice is very loose and informal and supports the range of practices they engage with in their creativity. They belong in the intertidal zone, the pause between beats, the spans of bridges and love to play with duality and liminality.

Find out more about Jani when their lesson goes live on February 1st, or by clicking:

[facebook](#) | [patreon](#)



Shai B is part hippie, part geek, part rocker chick with some serious Dolly Parton sass. As the CEO of Wild Sister and Shai Unleashed, she blends self-love + herbblism + art + spiritual musings with kickass empowerment + a hell-yeah attitude. She has a fierce passion for helping womxn discover their unique beauty + strength + truth.

Find out more about Shai when her lesson goes live on March 1st or by clicking:

[website](#) | [facebook](#) | [instagram](#)



Rachael is a multi media artist, creatrix and mystic explorer. Currently located in the magical valley of Taos, she spends her days in her plant covered art studio painting portals to new dimensions, opening gateways to hidden realms and crafting mystic creatures from the ethers. Having been a tarot reader for 10 years and an artist for as long as she can remember, it is her goal to bridge the gap between the mystic and the mundane.

Find out more about Rachael when her lesson goes live on March 1st, or by clicking:

[website](#) | [facebook](#) | [instagram](#)





Sales Professional by day, and creative hobbyist by night, Jes Vanderbeken is a creative soul at the beginning of her art journaling journey.

Using art journaling as a tool to help manage anxiety and ADHD, Jes strives to share a part of herself candidly through her work, dreaming of a day when no one feels alone in their journey with mental health.

Find out more about Jes when her lesson goes live on April 1st, or by clicking:

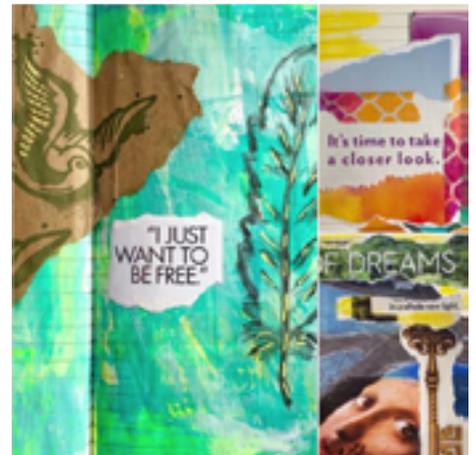
[instagram](#)



Amanda Fall is an ink-stained, paint-splattered, hot mess of a human, forever re-learning how to love herself and the world. When she's not chasing her toddler, Maverick, she craves time spent splashing color in the pages of her many art journals, and creating encouraging art mail for her beloved [Patreon flock](#).

Find out more about Amanda when her lesson goes live on May 1st, or by clicking:

[website](#) | [instagram](#) | [patreon](#)



Christa is a Stamford CT artist specializing in pastel, oil, acrylic and mixed media art. After spending 20 years in a finance career, she decided to follow her true passion and become a full-time artist. Christa spends her time sharing her passion with others, teaching others to be creative and exploring the world's landscape recreating it onto canvas. Her work is a mixture of realism, exploration, experimentation and pure fun.

Find out more about Christa when her lesson goes live on May 1st, or by clicking:

[website](#) | [facebook](#) | [instagram](#)



Hi, I'm Lee Clements, mixed media artist, art journaler and teacher. I believe that we all have inherent creativity, and inspiring and encouraging others to find their voice through creative exploration and expression, regardless of experience or artistic ability, is deeply gratifying and is my passion.

Find our more about Lee when her lesson goes live on June 1st, or by clicking:

[website](#) | [facebook](#) | [instagram](#)





I'm Melanie Rivers, and I am an Indigenous mixed media artist who teaches online art classes to women around the world.

I help women build joyful and self-compassionate art practices.

Find out more about Melanie when her lesson goes live on June 1st, or by clicking:

[website](#) | [facebook](#) | [instagram](#)



Tamara Laporte ('willowing') is a creative catalyst of thousands of beautiful people. She is a celebrated mixed media artist and art teacher who has been running her creative business since 2008. Her work can be described as 'mixed media folk art' with a focus on 'magical realism'. She is deeply devoted to helping people get in touch with their creative fire and would love to help YOU too to get in touch with the artist in you!

Find out more about Tamara when her lesson goes live on July 1st, or by clicking:

[website](#) | [facebook](#) | [instagram](#)



Jane Cunningham is an attendant to the Numinous, Creativity activist and Conduit for Love. Jane believes creativity is one of the gifts from The Divine; an antidote to the hard parts of being human, and a sure fire way for humans connect to wonder, awe and possibility. Jane has three rules: Turn up bravely. Trust what arises. Be kind to yourself. Applied to soulmapping and life, they work pretty damn well.

Find out more about Jane when her lesson goes live on July 1st, or by clicking:

[website](#) | [facebook](#) | [instagram](#)



I'm Cary Cutler Scholes, and I have always loved creating things, but really didn't start arting seriously about 6 years ago. There are a ton of ways to produce art, but I think my favorite is with graphite and acrylics. I struggle with major anxiety and depression, which I find hinders and helps my art. I find that every face I produce has it's own personality, and, like actual people, aren't always portrayed with a huge smile.

Find out more about Cary when her lesson goes live on August 1st, or by clicking:

[website](#) | [facebook](#) | [instagram](#)





I'm Iris Fritschi-Cussens, a London-based mixed media artist. My passion is art journaling for self-expression and self-discovery. My art practice is an extension of my wish to get to know myself better and through it find a deeper connection to others. I love using art and words to convey and understand my feelings as a human. In this I deliberately include the experience of difficult or 'taboo' emotions and times when being creative is a struggle.

Find out more about Iris when her lesson goes live on September 1st, or by clicking:

[website](#) | [facebook](#) | [instagram](#)



I'm Michelle Rydell, and I'm a mixed media artist with a passion for art journaling. My journal is where I get to celebrate life in my own little playground of paint and collage. Bright colors and whimsical imagery make me happy, and keep me sane in this chaotic world we live in!

Find out more about Michelle when her lesson goes live on September 1st, or by clicking:

[website](#) | [facebook](#) | [instagram](#)



Hello, my name is Cristin Chambers, also known as "PanArt". I consider myself to be an artist that creates with reckless abandon. No supply is off limits and I love to experiment with all mediums (sometimes – all at once!) I am a full-time mixed media artist and teacher. I love to show my students how to let go and have fun with the creative process while stepping outside of their comfort zones and embracing total art rebellion!

Find out more about Cristin when her lesson goes live on October 1st, or by clicking:

[website](#) | [facebook](#) | [patreon](#)



Tiare Smith is a mixed media, art journal artist and instructor.

Born with art in her heart she lost her way from her art for 18 years. It came back to her life in a burst of emotion and anxiety.

She now aims to empower women to express and experience their art more freely.

Find out more about Tiare when her lesson goes live on October 1st, or by clicking:

[website](#) | [facebook](#) | [instagram](#)

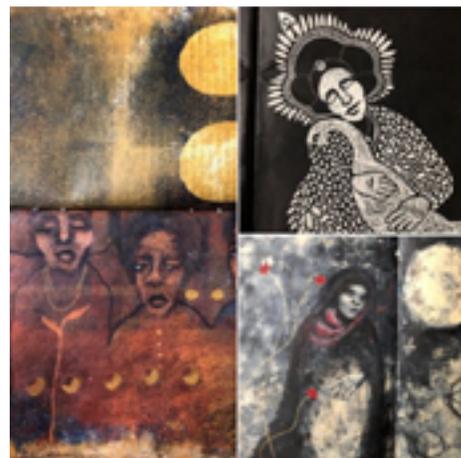




I'm Jerney Marisha, and I teach art online and through private lessons at home. What I love most of all is sending out free art tutorials to my [newsletter subscribers](#), to keep the muses at work and to give back to the wonderful group of artists who have joined my inner circle.

Find out more about Jerney when her lesson goes live on November 1st, or by clicking:

[website](#) | [facebook](#) | [instagram](#)



France Papillon became a full time mixed media artist in 2010. To tell her story, she likes to play with inky techniques, just like a writer juggling with words. In her classes and tutorials, these techniques based on product knowledge, allow her to offer a comfort zone to the participants, while guiding them to reveal their emotions in their art, with a sense of creative self-confidence.

Find out more about France when her lesson goes live on November 1st, or by clicking:

[website](#) | [facebook](#) | [patreon](#)



My name is Sandi Rusch and I am an 'awkward girl'. I am also an artist. When I combine the two, some unusual things are born. I must create something every day. Perhaps I should say I must create something different every day....

It takes a lot of art forms to keep me from getting bored when i'm constantly doing something different.

Find out more about Sandi when her lesson goes live on December 1st, or by clicking:

[website](#) | [instagram](#)

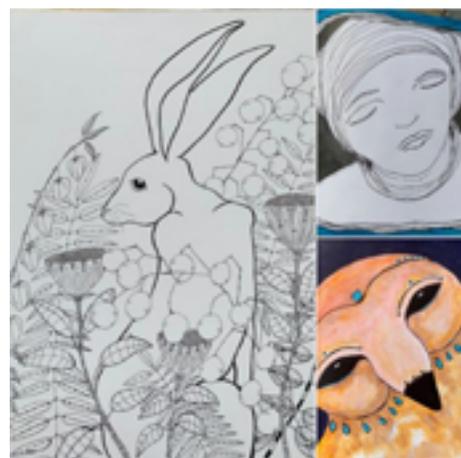


Hello Creative Beings, I'm Lore Caldwell. I have been making art for all of my days.

I am a Board Certified Art Therapist by day and spend my free time being as creative as possible. Art for me has always been a healing force and it is my passion to share that with others

Find out more about Lore when her lesson goes live on a date to be determine, or by clicking:

[facebook](#)





Schedule

Session One

January

Effy Wild
Sal Scheibe
Sarah Trumpp
Rachel Kentish

February

Effy Wild
Kiala Givehand
Jani Frank

March

Effy Wild
Shai Bearden
Rachael Caringella
HIATUS - Jesa Vanderbeken

Session Two

May

Effy Wild
Amanda Fall
Christa Forrest

June

Effy Wild
Lee Clements
Melanie Rivers

July

Effy Wild
Tamara Laporte
Jane Cunningham
HIATUS - Cary Cutler Scholes

Session Three

September

Effy Wild
Iris Fritschi-Cussens
Michelle Rydell

October

Effy Wild
Cristin Chambers
Tiare Smith

November

Effy Wild
Jerney Marisha
France Papillon

HIATUS -Sandi Floyd Rusch
Farewells on December 31st!